



The Bulldog profiles one of the newest edition to the football department, Christopher Shen.

**CHRISTOPHER SHEN**

Christopher Shen is the Principal of CJS High Performance Consulting. CJS is a world's Best Practice provider of High Performance solutions in psychology, human resources and leadership development.

Christopher is an Organisational Psychologist with extensive experience in strategic Leadership Development. He is a World's Best Practice expert on Leadership Assessment and Development. His consulting career includes senior appointments with international strategic human resources consulting firms DDI Asia Pacific International, and DBM. He is a member of a Taskforce on Leadership for the Committee for Economic Development of Australia (CEDA).

Christopher's passion for high performance stems from his own elite achievement. He is currently a member of the Australian Team in Wrestling, preparing for the 2008 Olympic Games. In 2006, he won two Bronze Medals in the Oceania Wrestling Championships. Christopher joined the Western Bulldogs football department at the beginning of the year and will continue to work with the team throughout 2007.

**The grass is always greener**

Melbourne's water crisis has become a reality for a lot of people, including Western Bulldogs players. That's why Bulldogs pair Brad Johnson and Daniel Cross recently had synthetic turf installed into their backyards to combat the crisis. Both players had the synthetic turf installed by Lifestyle Turf – a Tiger turf landscape partner - and Johnson said he couldn't have been happier with the results.

"It's great all round because we are able to have a great looking backyard but at the same time we are not using any water to keep it looking good," said Johnson.

Teammate Cross said other benefits of having the synthetic turf installed included never having to mow the lawn as the grass requires very little maintenance.

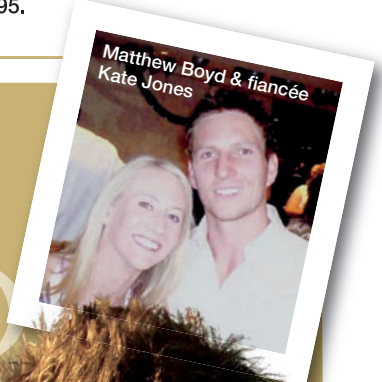
"We don't have to use water to keep our yard looking great, given Melbourne's current water



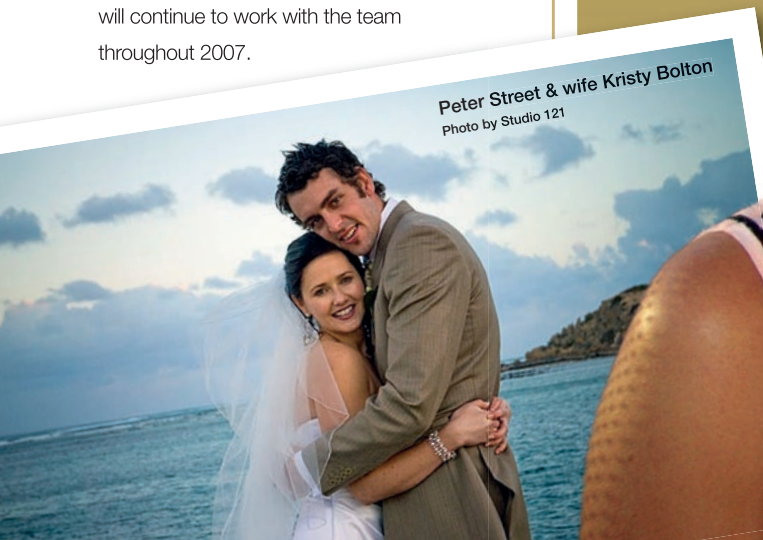
restrictions. But also, it just looks so natural and it doesn't have to be mowed – that's one less hassle I need to deal with," said Cross. For enquiries about Lifestyle Turf – a Tiger turf landscape partner, contact Paul on **0411 752 595**.

**Weddings & Engagements**

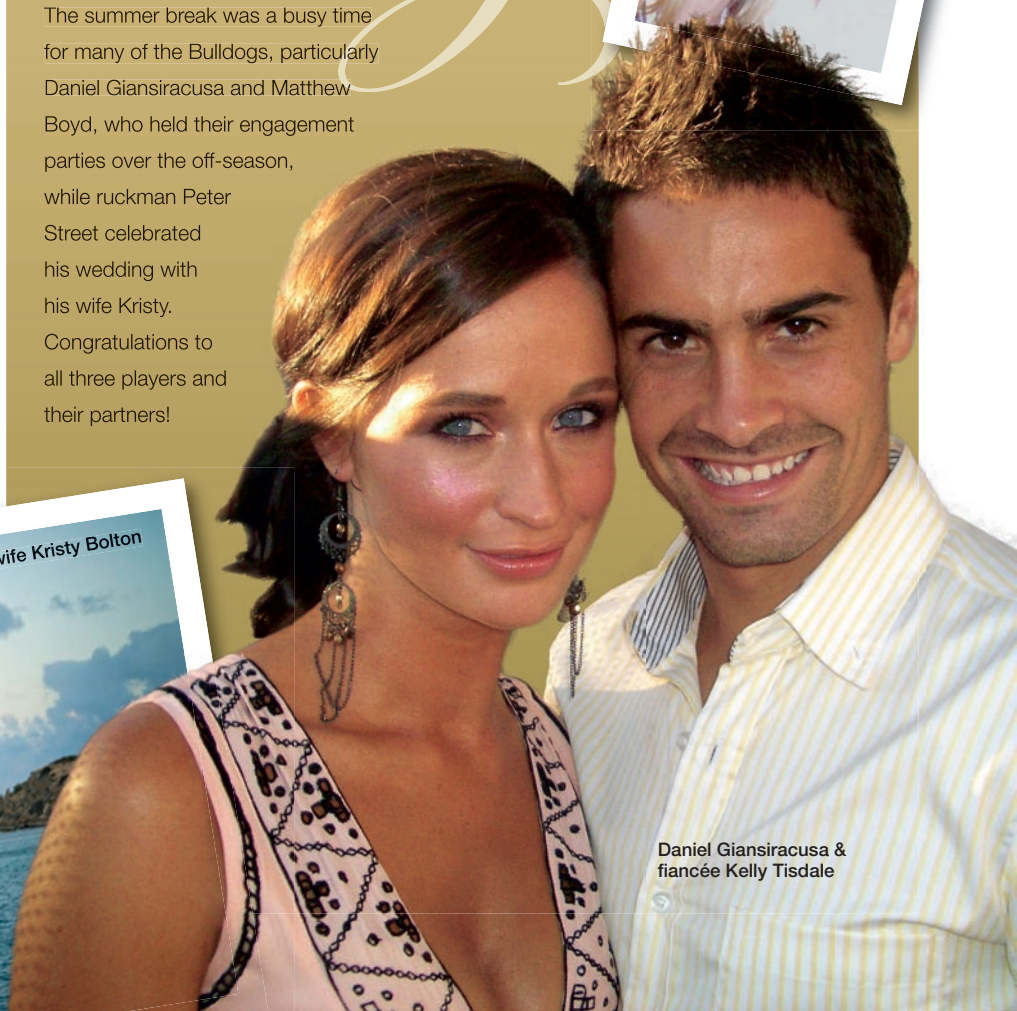
The summer break was a busy time for many of the Bulldogs, particularly Daniel Giansiracusa and Matthew Boyd, who held their engagement parties over the off-season, while ruckman Peter Street celebrated his wedding with his wife Kristy. Congratulations to all three players and their partners!



Matthew Boyd & fiancée  
Kate Jones



Peter Street & wife Kristy Bolton  
Photo by Studio 121



Daniel Giansiracusa & fiancée Kelly Tisdale